

FOR IMMEDIATE RELEASE:
Help Yourself & Trust the Mystery

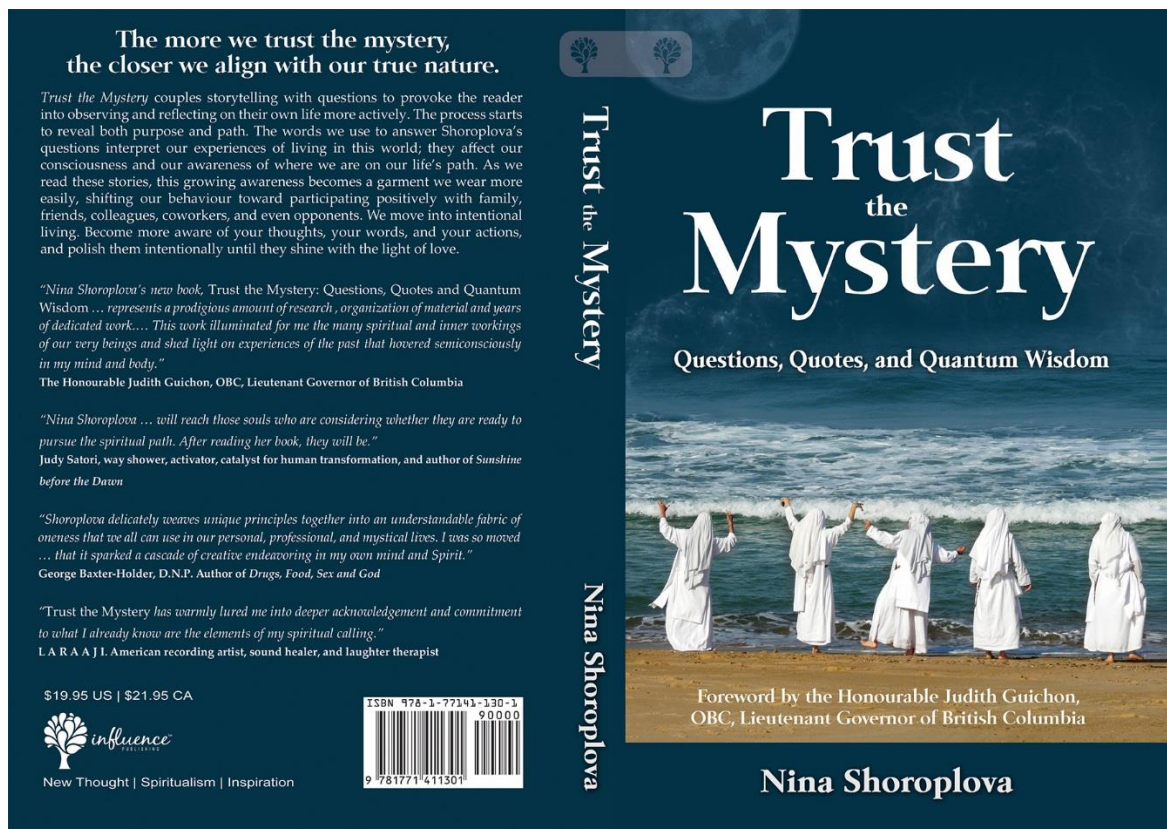
Author Hides 27 Help-Yourself Copies of *Trust the Mystery* Around the Lower Mainland

Vancouver, British Columbia, November 29, 2015—Local author Nina Shoroplova will be hiding 27 copies of her book *Trust the Mystery: Questions, Quotes, and Quantum Wisdom* in mysterious places around the lower mainland—one book for each day of Advent. She will start this on Sunday, November 29, the first day of Advent, the season leading up to Christmas.

These are “help yourself” copies on two counts because they’ll be “finders keepers” copies and when the finder reads *Trust the Mystery* they’ll find it’s a self-help spiritual growth adventure story that will have them delving into their own journey in ways that will bring out their own gifts and wisdom, their purpose and path.

Does Shoroplova ask for anything in exchange?

“If the finders could email me back with their own greatest moment of mystery—a synchronicity, a coincidence, a knowing they couldn’t have known, a paranormal event that helped them—I will feature their story on my website.”



Contact: Nina Shoroplova, Vancouver, BC

P: 778-999-1854 | E: Nina@NinaShoroplova.ca | B: NinaShoroplova.ca | W: TrusttheMystery.ca

FB: [AuthorNinaShoroplova](https://www.facebook.com/AuthorNinaShoroplova) | Twitter: [@healthy_Nina](https://twitter.com/healthy_Nina) | LinkedIn: [Nina Shoroplova](https://www.linkedin.com/in/NinaShoroplova)